

Wyoming Diabetes Prevention and Control Program

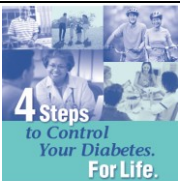

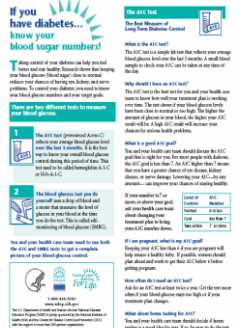
Order information for NDEP educational materials

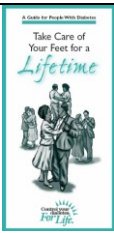
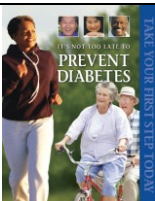




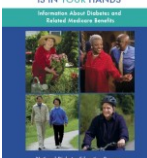
The **National Diabetes Education Program (NDEP)** is a joint program of the National Institutes of Health (NIH) and the Centers for Disease Control and Prevention (CDC). NDEP offers up to 25 free educational brochures on each of the following topics. To order brochures, go to the following website:

<http://www.ndep.nih.gov/diabetes/pubs/catalog.htm>

Many of the brochures are available in Spanish. Browse the on-line publication catalog to find other resources for your clients and community members. NDEP materials can also be ordered using the order form on page 4.



Category	Name of NDEP brochure	Order Information
	4 steps to control your diabetes for life NDEP-67	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	Tips to Help You Stay Healthy NDEP-8	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	If you have diabetes . . . know your blood sugar numbers! NDEP-10	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm

Category	Name of NDEP brochure	Order Information
	Take care of your feet for a lifetime NDEP-4	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	It's not too late to prevent diabetes (for older adults) NDEP-75	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	Take care of your heart, manage your diabetes NDEP-52EN	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	Take care of your heart, manage your diabetes (for minority clients) NDEP 52-AI/AN	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	Diabetes numbers at-a-glance NDEP-12	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	Tips for helping a person with diabetes (helping loved ones) NDEP-57	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	The power to control diabetes is in your hands (Medicare benefits) NDEP-38	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm

Category	Name of NDEP brochure	Order Information
	<i>Tips for teens with diabetes:</i> What is diabetes? NDEP-63	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	<i>Tips for teens with diabetes:</i> Be active NDEP-64	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	<i>Tips for teens with diabetes:</i> Make healthy food choices NDEP-66	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	<i>Tips for teens with diabetes:</i> Stay at a healthy weight NDEP-65	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm
	<i>Tips for teens with diabetes:</i> Dealing with the ups and downs of diabetes NDEP-81	Order up to 25 copies free from NDEP http://www.ndep.nih.gov/diabetes/pubs/catalog.htm

NDEP's Publications Order Form

To order publications:

1. Print the order form,
2. Fill in the item name (including NDEP publication number) and quantities desired,
3. Provide your name and mailing address, and
4. Mail or fax the completed form to:

National Diabetes Information Clearinghouse (NDIC)

1 Information Way

Bethesda, MD 20892-3560 (Use 9-digit ZIP code.)

Phone: 1-888-693-NDEP (6337)

TTY: 1-866-569-1162

Fax: (703) 738-4929

Email: ndep@mail.nih.gov

Name: _____

Title/Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____

Item Name	NDEP Pub #	Quantity	Cost
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Please print clearly and provide all necessary mailing information. Make checks payable to NDIC. Bulk orders must be prepaid in U.S. dollars. Please do not send cash. Allow 4 to 6 weeks for delivery.